

THE COLONNADE

The Official Student Newspaper of Georgia College



INTERNATIONAL STUDENTS REFLECT ON TIME AT GC

See page 8 for more details.

Photo courtesy GC Athletics

Spotlight on mental health, pg. 3



Infielders lead offense, pg. 9

Students enjoy the outdoors, pg. 12





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About This Issue...

The news section previews Mental Health Awareness week, details the university's efforts to reach out to student veterans, examines the planning progress of Unite for Impact, explains why the grass near the Bobcat Food Court stinks and provides tips for making the most out of upcoming career fairs on campus.

It also has profiles on freshman basketball player, Kohl Roberts and senior softball player, Faith Flanders. The A&E section features the benefits of spending time outside, a profile piece on GC's a cappella groups, and event coverage of the annual a cappella event, Milly Melodies.

Sports this week contains an overview of senior international tennis players in their final season playing for the Bobcats. Join us for pitch on Monday nights at 6:30 in The Colonnade office, located in MSU 128

Pictured on the cover: Anton Waern

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PRSSA to host mental health awareness week

Emily McClure
and
Dontavius Wilson
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GC's chapter of the Public Relations Student Society of America (PRSSA) is partnering with the Campaign to Change Direction to host a mental health awareness campaign focusing on college students and veterans.

The pinnacle of the campaign, a week-long mental health awareness week occurring March 6-9, will consist of events such as sunrise yoga, art therapy, a suicide prevention training course and a candlelight ceremony.

PRSSA representatives say the goal of the mental health awareness week is to raise awareness about mental health and local resources among college students and veterans in the community.

"We trying to do more than just break that stigma of mental health. Instead, we are trying to also raise awareness for the facilities that are available to students on campus, such as the counseling services or different student and religious organizations, such as Active Minds, which is also dedicated to mental health," said senior Ashley McKinney, a mass communication major and member of PRSSA.

Every year, approximately 75 PRSSA chapters across America compete in the Bateman Case Study Competition, in which chapters are given one month to create and execute a public relations campaign for a specific client. This year's client is the Campaign to Change Direction, a nonprofit dedicated to changing the culture of mental health in America.

GC's PRSSA chapter chose to focus on mental health awareness in college students and veterans, with events specifically targeted toward those groups. Aside from the events scheduled for the upcoming mental health awareness week, PRSSA members passed out candy with attached inspiration quotes on Random Acts of

Kindness Day, Feb. 17.

And along with delivering cards to the Georgia War Veterans Home on March 10, PRSSA has reached out to student veteran groups on campus, such as the military fraternity Omega Delta Sigma, to invite them to the campus events happening in March.

Many GC students said they think events promoting awareness of mental health are especially important on college campuses.

"I think it's really important to bring awareness to the issue, because there are so many studies that show kids that have anxiety, have depression, but it's a thing that really isn't talked about, isn't really known by everybody, but it affects such a large portion of people," said freshman Claire Elliott-Gower, a pre-nursing major.

SGA Vice President Terrell Davis, a senior mass communication major, agreed.

"At the end of the day, the more people who understand mental health, the better the community of individuals that deal with mental health will be, because they have individuals, allies across campus that understand the complexities of their daily life," Davis said. "To think, a lot of students are afraid to make known that they do live with a mental health issue."

Freshman Colin White, an economics major, said that although he thinks PRSSA is taking the right approach to the campaign by getting the community involved, there is always more that can be done.

Freshman Amara Tennessee, a pre-nursing major, offered a personal perspective on the campaign.

"As someone who struggles with anxiety, I definitely know that there are times where like you want a support system behind you, or something like it that could be helpful," Tennessee said. "I think having events for students with different mental disabilities and illnesses, or to just bring awareness in general, is a really great thing that the school is doing, so I think that it's really cool."

MENTAL HEALTH AWARENESS WEEK

March 6 - March 9

Presented by My Mind Matters in partnership with the Campaign to Change Direction.

MAR 06

SOCIAL MEDIA DAY

To start off the week, My Mind Matters will host a social media day where we will introduce dialogue and encourage discussion about mental health. Join the conversation on Facebook, Instagram or Twitter by using #MyMindMatters.

MAR 07

ART THERAPY

Stop by GC's fountain area on Wednesday from 11 a.m. to 2 p.m. to reduce anxiety and create focus by therapeutically coloring. Coloring books are no longer just for kids, so come out to have fun, relax and benefit your overall mental health.

MAR 09

CANDLELIGHT CEREMONY

There will be a candlelight ceremony Thursday evening beginning at 7 p.m. on GC's Front Campus. The ceremony will provide the opportunity to reflect, pray and show support for those who are suffering from mental health issues with others in the community.

MAR 07

SUNRISE YOGA

Looking for the best way to start your day? Look no further. Join us on Tuesday at 7 a.m. and 8 a.m. on GC's Front Campus for a sunrise yoga session given by a seasoned instructor. It's the perfect way to awaken your mind and restore your mental health!

MAR 08

SUICIDE PREVENTION TRAINING

Dr. Barbara Funke, who specializes in Health and Human Performance education, will be conducting a suicide prevention training session on Wednesday from 2-4 p.m. in Kilpatrick Room 227. Gain the knowledge and skills to help those in need by participating in this training course.

My Mind Matters is a public relations campaign for the Campaign to Change Direction. Our goal is to raise awareness about mental health and the Five Signs of Emotional Suffering on Georgia College & State University's campus and in the community.

Student ministries unite to make an impact

Amy
Strang
@gcsunade

GC student ministries will come together at the event Unite For Impact in early April. Students are planning two nights of worship that will include leadership from every student ministry on campus.

Junior exercise science major Caroline Behr is one of the student leaders spearheading the event this year. She is on the ministry team at Baptist Collegiate Ministry and helps to organize worship each week.

This is Behr's first year on the Unite for Impact leadership team. She said many leaders from years past did not feel able to plan such a big event because they were either seniors with busy schedules or had already graduated.

"I didn't want to see this event not happen because it is very important for people to see the ministries together," Behr said. "So, I tried to find some people to help out."

Junior business management major Collier Jackson will be representing Full Accord Ministry, also known as FAM. He said that the goal of the night is to highlight unity between ministries.

"It's a beautiful thing to see people who don't work together that often come together, because we are all united as ministries, even though we do different

things and reach different people," Jackson said.

Jackson said the event is tentatively planned for April 4-5, but that these dates have not yet been confirmed.

Junior business management major Austin Simpson will be representing Campus Outreach in the planning of Unite for Impact and said he got involved in planning the event so that he can help students hear the gospel.

"I really want students to hear the true gospel and be able to grow in it," Simpson said. "And if they aren't Christians, I want them to hear truth and understand what it means to be Christian."

Unite For Impact has occurred annually at GC, and this year, Simpson said students will be more involved in the leadership of the event.

"Having a speaker come in is great, but being able to see students who are strong in their faith get up and share gives students the idea that you don't have to be some big minister to have a strong faith," Simpson said.

Behr said part of the importance of Unite is the student interaction throughout the night. The leaders are intentional about breaking students up into small groups to discuss and share. She said in the past, she was grateful to have the chance to talk to people from other ministries.

Behr said she wants this event to show unity and openness that many outside



Amy Strang / Staff Photographer

Caroline Behr (right) and Austin Simpson (left) are helping plan Unite.

people may not see.

"We are all here for the same reason," Behr said. "I just want people to know they don't have come looking like they're all

cleaned up, when really they're so broken and struggling. We all have that. We're all humans and struggle. The Lord wants to put us back together."

The reason for the season of smelly grass

Will
Anderson
@gcsunade

Students have been noticing an unpleasant odor that seems to be lingering by the Bobcat Food Court area. Many at first believed the smell was emanating from the grass.

Coby Dixon, GC's zone maintenance supervisor, explained that the smell is not caused by the grass, but is related to the new filtration system installed this past fall on the grass located in the Bobcat Food Court area.

"The current cover on the pump system

is allowing some odors to get out," Dixon said. "We are currently researching other cover systems that would not allow these odors to get out. This is an intermittent problem because factors such as the temperature, wind and humidity all play a factor in when the smell is present."

The filtration system installed last year was due to a new Milledgeville ordinance that requires businesses to pre-treat and dispose of commercial waste before entering the sanitary sewer system.

"Capturing the fats, oils and grease before it reaches the water treatment plant reduces the possibility of clogs in the city sewer system, as well as reduces the health risks to the public," Dixon said.

Two systems were installed to serve both the kitchen for the Maxwell Student Union and the kitchen for the Bobcat Food Court.

Dixon also said that none of the odors or smells would be harmful to the environment and that the facilities planning department is hoping to have a replacement lid by next month.

Senior Emily Glass, a liberal studies major, said she has not been exposed to the odor, but does think it's an issue that should be fixed in the most effective manner possible.

"It's never bothered me, but I have heard other people complaining about it, and I think if it is bothering other people

something needs to be done," Glass said.

Junior Dana Brigance, a rhetoric major, expressed her frustration toward what she described as the university's nonchalant attitude toward not taking action or suppressing the smell successfully.

"It's disconcerting to say the least. As the overwhelming disgusting smell wasn't enough, to see that the university is so unbothered with something like this is upsetting," Brigance said. "Sure, I understand the notion of progress and improvement, but I think they could be handling it differently or at least taking simple steps to prevent it."

Student Affairs reaches out to student veterans

Amy
Huang
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No student veterans attended a public meeting held by the GC Division of Student Affairs staff on Thursday, Feb. 23, at the new Hub to discuss meeting

the needs of student veterans on campus.

The Student Affairs staff said they had expected a small turnout for the meeting, but were surprised at the lack of attendance.

"We weren't sure how many people would come to the meeting, but I felt the numbers would be low," said Andy Lewter, dean of students.

Student Affairs staff expressed concern that the null attendance indicated a lack of communication between the school and student veterans.

"That's one of the reasons we wanted to hold the meeting, because we wanted to reach out and have conversations on how we can meet their needs better," Lewter said.

According to the GC Registrar's Office, there are less than 40 students identified as veterans, most of whom are graduate students taking online courses.

"We have some issues because we are a very traditional school," said registrar Kay Anderson. "If they are coming back from the service, there is a good likelihood that they are older, they are wanting to get a job because they are used to having one...and they want classes that are more flexible like online or at night."

While online courses offer more flexibility for student veterans, the fact that they do not take place in a physical classroom makes communication with Student Affairs staff more difficult.

"Most students coming in for online programs are not staying the whole four years, and because of that, they aren't here on campus making connections and building continuity," Anderson said.

Other Georgia public schools, such as the University of Georgia, have specialized veteran resources. Because of GC's location, especially the lack of proximity to military bases, the school has a small veteran population.

"We are far enough away from military installations that we don't have a lot of active duty people compared to other schools, but we do need to serve our students in some way," Lewter said.

One of the common problems veterans face at GC is



Ada Montgomery / Senior Photographer

Student Affairs staff strategized ways to better meet student veterans' needs.

getting credit for hours earned while in service training.

"Because of the rules of the institution, we don't take technical school credit, and that is consistently what we see across the board," Anderson said. "Where I see students get most frustrated is being told early on they will earn credit for college, and that's a very vague statement."

Despite the small number of veterans on campus, the Division of Student Affairs said part of its mission is to accommodate every student's need, veteran or otherwise.

"It's fair to say that their experiences vary being in service," Lewter said. "They have special needs, different from someone who's coming right out of high school."

The Division of Student Affairs' first step is trying to come up with different approaches to reach out to students to self-identify themselves as veterans.

"There are very different views about military and military service. We don't want to call them out and rather let them self-identify themselves," said Jennifer Graham, Women's Center coordinator. "We are trying to look at

the next best way to link them with services on campus and connect them."

The division is trying to recreate a mentoring support program that failed in the past as one of its strategies to assist student veterans.

Junior Clint Jones, a business management major and student veteran, said he would like to be a part of such a program.

"I haven't met any other student veterans yet, and it would be nice to be able to talk to someone else that has gone through the same experiences you have," Jones said.

The Division of Student Affairs aims to implement these strategies in the near future.

"We want to create a space and programming for student veterans to gather and address issues," Lewter said. "If we never meet up, we don't know their needs."

Student veterans can contact jennifer.graham@gcsu.edu or the Hub with any questions and concerns or for assistance with veteran matters.



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Career fairs yield opportunities for all students

Hope
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It's the time of year when many GC students have started searching for full-time jobs and summer internships. For both freshman wanting to discover what kind of jobs are out there and seniors in need of a job or internship after graduation, a career fair can be very beneficial.

A career fair is a place to network and meet potential employers, as well as to find jobs or internships for now or in the future. Below are some tips and strategies from the GC Career Center on how career fairs are helpful for those exploring potential careers or looking for specific jobs and internships.

1. Meet companies that are serious about hiring GC students for jobs and internships.

Employers that come to career fairs want to be there. They pay to attend the event so they can find potential employees, now or for the future.

Hiring organizations come back year after year to GC because they want to meet its students, so students who come prepared will get the most out of their attendance. Research what organizations are attending and prepare what you will say when approaching an employer at the fair.

2. Make a personal connection with a recruiter before and/or after applying for a job.

Instead of just applying for a job online and communicating with a potential employer virtually, meet them face-to-face. Connect with recruiters who want to meet GC students and tell them what you have to offer. They want to get to know you and understand why you would be a great asset to them.

3. Expand your network of contacts and potential interview opportunities.

Did you know that 80 percent of jobs

are not advertised online? In order to find these hidden opportunities, you will need to have professional contacts and continually connect with people. At a career fair, you will meet recruiters who will be helpful to you during your job or internship search.

You want to impress the employers that attend, especially because the same ones often come back every year. The more an employer sees you at a career fair and gets to know you, the more likely they will want to hire you because of your interest in their organization.

4. If you're a freshman or sophomore, career fairs are a great place to learn about potential career opportunities.

Many underclassmen are turned off to career fairs. They think "it's not for me" or "I'm not old enough." However, that's not true. A career fair can be for GC students of all ages and majors. It's great to start exploring possible career and internship options early.

This means that if you attend career fairs early in your college career, you have an opportunity to get ahead of the competition. You can connect and build stronger networking relationships with recruiters, perfect your ability to navigate a career fair, and discover possible employment choices that might await you in the future.

The Career Center hosts more than 10 career fairs every year. GC's largest campus career fair for the year, the Spring Career & Internship Expo, is coming up on March 8 and will be held from 11:00 a.m. to 2:00 p.m. in Magnolia Ballroom.

Open to GC students and alumni, more than 50 employers will be in attendance, recruiting for full-time and part-time jobs, internships and other summer opportunities. Additionally, students and alumni can pre-register to schedule campus interviews with recruiters, which will occur later that afternoon in Magnolia Ballroom.

GC CAREER FAIR PREPARATION CHECKLIST



Review list of attending employers

You can research attending employers using the campus job and internship search tool, Career Connection, at www.gcsu.edu/career.



Update resume

You will want to bring plenty of copies of your resume to pass out to employers as you network. Worried that your resume isn't ready? Visit the Career Center for a resume review, so that your resume will impress employers.



Dress for success

For women, wear a pant suit, skirt suit or dress with a blazer. Nothing should be too tight and skirts/dresses should be fingertip length. Make sure your blouse or shirt is not low-cut and wear heels of an appropriate height. For men, wear dress pants, a dress shirt, sport coat, tie, belt and dress shoes. Boat shoes do NOT equal dress shoes and your socks should match the color of your pants.



Prepare to follow up

Don't forget to ask recruiters for a business card or their contact information, because you will want to follow up with them after the event. In a follow-up email, you should thank them for coming to the fair and taking the time to talk with you. You should also attach an additional electronic copy of your resume.

For more information, visit www.gcsu.edu/career.

THIS WEEK AT GC

A calendar of events

Should you train your brain?

Wed. March 1 @ 7 p.m.

A&S Auditorium

Newell Scholar Dr. Eduardo Mercado will explore the integration of brain-based technologies into educational programs.



Quirks Tuba Concert

Thurs. March 2 @ 7:30 p.m.

Max Noah Recital Hall

This concert will feature both traditional low brass and electronic tuba music from the 20th and 21st centuries.



Hidden Figures Screening

Thurs. March 2 @ 7 p.m.

Magnolia Ballroom

To celebrate Women's Month in March, Fraternity & Sorority Life and the Women's Center will screen Hidden Figures and host a discussion on how the struggles faced in the movie relate to current women's issues.



Observatory Public Night

Friday. March 3 @ 7 p.m.

Herty Hall 405

Anyone can attend to view celestial events of the night sky through the 24-inch telescope at Herty Hall.



All Week Long

Historical Exhibit: The Strip

The Sallie Ellis Davis house is hosting an historical exhibit on Milledgeville's African-American business district, known as The Strip, that thrived from the early 1900s through the 1970s as a result of segregation. Tours are given every Wednesday and Friday.

For more information, visit frontpage.gcsu.edu.



Obtained from GC Department of Public Safety

Part one: Her story

Date: Feb. 18

Case: A GC residence hall community advisor (CA) called public safety concerning an unresponsive woman passed out on the steps of a GC dorm. Sergeant Hughes met with the CA, who said he witnessed a man carrying the woman over his shoulders down a staircase outside the dorm. The CA intercepted the man, who set the woman down and left. Upon arrival, Sergeant Hughes was taken to the woman. He dispatched for EMS, who transported the woman to Oconee Regional Medical Center. The woman, who is not a GC student, was identified, and the man was found and given a citation for another case.

Part two: His story

Date: Feb. 18

Case: Officer Powell also responded to the call from a GC residence hall community advisor (CA) about an unresponsive woman. While Sergeant Hughes tended to the woman, Officer Powell went in search of the missing man who was seen carrying the woman. She found the intoxicated man, a GC student, stumbling down stairs inside the GC dorm. The man's speech was slurred, and he smelled of alcohol. A breath test was conducted, and the man registered a .200 Brac. Officer Powell issued the man a citation for the underage possession of alcohol. The case was referred to student judicial.

The world's your toilet

Date: Feb. 19

Case: While on foot patrol on Front Campus, Officer Powell noticed a GC student urinating near the Old Courthouse parking lot. When Officer Powell made contact with the man, he found the man unsteady on his feet, with the odor of alcohol on his breath. After conducting a breath sample, the man registered a .260 Brac. The man was given a citation for underage possession of alcohol, and the case was referred to student judicial.

Part one: Suicide watch

Date: Feb. 20

Case: At approximately 8 a.m., a noise complaint call was made from West Campus Village to public safety. Officer Hatcher responded to the call, finding a resident, her boyfriend and her roommates speaking with the community advisor (CA). One resident, whose boyfriend had been staying at the apartment in violation of the allotted guest policy, was upset and acting erratically. The boyfriend was issued a criminal trespass warning, inhibiting him from entering GC property. The upset resident explained that she suffered from bipolar disorder and panic attacks. She then began threatening suicide, and Officer Hatcher dispatched EMS. The woman pleaded with Officer Hatcher to not call EMS, as she had previously received treatment under suicide watch. To evade being taken back to the hospital, the woman attempted to run away but was captured and placed in handcuffs. When EMS arrived on the scene, they transported the woman to Oconee Regional Medical Center.

Part two: Lesson not learned

Date: Feb. 20

Case: At 6 p.m., public safety received a call that the boyfriend of a GC student that was banned from GC property earlier that day was seen at West Campus Village. Officer Powell arrived at the scene, making contact with Sergeant Hughes, who placed the man in custody and transferred him for booking and processing.

International tennis seniors reflect on time at GC



Courtesy of GC Athletics

Senior Anton Waern, of Taby, Sweden, high-fives and pumps up teammates before taking the court at GC Centennial Center.

Dallas
Fletcher
@gcsunade

The GC men's eight-man tennis roster has three senior international athletes playing their final season for the Bobcats.

Senior Anton Waern and redshirt senior

Mattia Campus, along with graduate student Christian Graff, have each experienced their own unique journeys while playing for GC.

"We beat the number three and four teams in the country with these guys, so that was really good, but I tell the guys they aren't going to remember the matches, the match will be a match but they're going to remember hanging out on the bus and doing this and doing that," said head GC tennis coach Steve Barsby.

Barsby says now a lot of international recruiting is done through recruiting services, but a majority of it is done through connections with current team members. This remains true for these guys.

Waern, from Taby, Sweden, was recruited by a former assistant Swedish coach who played a huge role in his decision.

"It felt good to have a Swedish guy as the assistant coach," said Waern, a business major.

Waern said he has grown more as a person than a tennis player during his time playing for GC because of the competitiveness in the game. He explained his career as a downslope, although he feels really good about this season because he's finding his game again. Waern will graduate in December and plans to return to Sweden.

Graff, from Lohmar, Germany, was introduced to GC through a former

teammate from back home who was playing for the men's tennis team at the time. Graff is a graduate student studying health and human performance. He joined the team in January 2016.

"It's a lot of fun playing, traveling with the team and hanging out with the guys. We've had a good time. I've really enjoyed it," Graff said. He said his favorite memory is playing with his former German teammate and winning the match because of how great it felt to be on the court with him. Graff intends to return to Germany upon graduation.

Campus found GC through a coach in Florida that put him contact with the university while visiting the U.S. for the first time. Campus has always played very well, but has struggled with injuries every season. "I'm a fragile guy and sometimes I get hurt, and when I get hurt, I get hurt bad," said Campus, a business management major. He experienced this his senior year with an ACL injury which caused him to sit out for the season.

Campus said that it's extremely important to support your teammates, even when you're not able to play your best. He hopes to finish the season strong this year in regionals and hopefully at nationals as well.

"It's always nice to see them show up as a little kid sort of from another country, then all of a sudden, they're graduating. They've become men," Barsby said.

INFORMATION TECHNOLOGY NEEDS YOUR HELP!

Students, please participate in the EDUCAUSE
Center for Analysis & Research technology survey.

You will provide information about your
technology use and preferences.



It will only take 20 minutes of your time and is
completely anonymous.

The survey is open now through March 15 and
can be found by clicking the icon below in Unify.



Thank you for your participation!

Questions or concerns?
Contact Cindy Bowen at:

 cindy.bowen@gcsu.edu  (478) 445-7177

Left side of the infield producing for Bobcats



Ada Montgomery / Senior Photographer

Brandon Benson focuses on fielding the ball out front.



GC Athletics

Cal Gentry throws the ball across the diamond after fielding it cleanly.

Chris Lambert
@gcsunade

Shortstop Brandon Benson and third baseman Cal Gentry have been holding down the left side of the Bobcats infield defensively this season. But their biggest contributions to the GC baseball team have been at the plate. Benson, a senior, has hit six home runs and driven in 14 runs through 12 games, while Gentry, a freshman, is leading the Bobcats in batting average, hitting .381.

Benson, who totaled ten home runs in 204 at-bats in 2016, attributes his success to the constant attention he devotes to his game.

“I’ve spent the past two summers playing in Minnesota,

playing a lot of baseball,” Benson said. “I really just focus on trying to come back better after each summer to try and make the team better.”

As far as his recent power surge, Benson said his approach at the plate has changed.

“I’m really trying to be more aggressive when I get in the box, you know, trying to get on fastballs early in the count and do a better job of seeing stuff up in the zone,” Benson said.

Pitcher and junior Charlie Hecht said he appreciates having Benson behind him in the field.

“It’s nice. Brandon’s one of the best shortstops in the Peach Belt, definitely, so if I give up a groundball up the middle, I can feel confident that a play’s going to be made on it,” Hecht said.

As for Gentry, the young third baseman has performed at a high level for as long as he’s been playing baseball. The freshman from Perry High School was an All-Region infielder for four consecutive years, and that consistency has translated into success at the plate as he adjusts to the college game.

The team has been feeding off of their success, posting a 7-5 record through its first 12 games. GC finished 4th in the Peach Belt standings last year, but has gone undefeated at home thus far. The team will look to keep that momentum going as it heads into this coming weekend, where it will face off against Philadelphia University in a nonconference matchup on Feb. 3-4



GC Athletics



Ada Montgomery / Senior Photographer

BRANDON BENSON

2017 Stats
Games - 12
Average - .235
Home runs - 6
RBI - 16
OBP - .298

Favorite Player
Mike Trout
Year
Senior



GC Athletics



GC Athletics

CAL GENTRY

2017 Stats
Games - 12
Average - .381
Doubles - 2
RBI - 5
OBP - .386

Favorite Player
Bryce Harper
Year
Freshman

Kohl Roberts reminisces on first season

Ben
Lord
@gcsunade

At 6 feet 7 inches tall, Kohl Roberts has drawn attention from both Bobcat fans and the competition with his five career double-doubles as a freshman. Roberts arrived last fall from Riverwood High School, where he averaged 16 points per game and was ranked 29th in the state of Georgia after posting a double-double in every game. Roberts said that the shift to college basketball was hard, but that he's glad he chose to play for GC.

"The transition was very different and tough at first," said Roberts. "But I chose GC because I wanted to study at one of the best colleges in Georgia and play for an experienced coach Gainous."

This season, Roberts has averaged 10.1 points and 6.9 rebounds per game, and has shot 51 percent from the field. To add to those stats, Roberts has started almost every game, which is unusual for a freshman.

His most recent accomplishment was during

the Homecoming basketball game, where he dropped 19 points and fought for 14 rebounds in front the biggest crowd of the season with 2,388 fans.

Sophomore forward and business management major Drew Romich said his first impression of Roberts was not what he expected.

"He seemed really quiet and gave off a geeky vibe," Romich said. "But when game time rolled around, he would turn up the intensity and play hard. I've also had a class with Kohl and he works hard both on the court and in the classroom."

Along with basketball, Roberts has other interests off the court, such as pursuing a degree in biology and potentially working in the medical field after college. However, Roberts said his true love will always be basketball.

Next year, he wants to make an even larger impact in the Peach Belt Conference.

"I didn't play as well as I wanted in some games this season," Roberts said. "So I plan on improving this offseason to come back even better next year."

Flanders returns to the mound



Courtesy of GC Athletics

Senior Faith Flanders delivers a pitch in a game against Anderson.

Lauren
Nielly
@gcsunade

Senior Faith Flanders is pitching for the Bobcats this season for the first time since her freshman year, when she posted a 6-0 record and 2.92 ERA. Flanders has once again stepped on the mound for the Bobcats, and currently has a 2-2 record with a 3.59 ERA in 27 1/3 innings pitched. The Dublin, Georgia, native has been hot with the bat as well. She has a batting average of .380 with five doubles, and leads the team in RBI so far with 16 on the season.

"She's always been a leader and a contributor, she's just doing it in a different position this year, that's all," said head GC softball coach Jamie Grodecki, who has coached the Bobcats for seven seasons. "Same expectations, different position."

Beginning the season, Flanders said that she knew her role as a pitcher would increase due to the lack of depth with pitchers on the roster. Having already pitched before, Flanders took on the challenge for the Bobcat softball team.

The biggest challenge for Flanders as a pitcher this season has been being put into games as a reliever and not knowing what the situation and scenario might be. Whether the bases are loaded with no outs or the start of a new inning, Flanders has to anticipate her name being

called from the bullpen at all times.

"This year was much more focused for me in the bullpen, because I have had to focus on different game situations and get more ready to consistently compete, instead of just being thrown in for three innings a season," Flanders said.

Another challenge for Flanders has been having to focus on pitching as well as hitting. She has to allocate her practice reps appropriately to where she improves at the plate as well as on the mound.

"If my pitching or hitting is not the best that day, then I have to make the other my best and I can't carry both of those into each other," Flanders said. "Sometimes it is difficult to focus solely on pitching but then also be able to get the job done on the other side."

Flanders also serves as one of the leaders on the team, sharing her positive attitude with her teammates in order to lead by example by the way she carries herself on and off the field.

"She's a great leader on the team and she always brings good energy," said teammate Kayla Price, a sophomore and nursing major.

Flanders finished off a five-game weekend, going 4-for-13 with a home run and four RBIs while pitching 1 1/3 innings, giving up just one hit. The softball team is back in action at home on Wednesday, March 8, against Catawba.

UP NEXT...

FRIDAY, MARCH 3

Tennis
vs.
Columbus St.
1 p.m.

Baseball
vs.
Philadelphia U.
6 p.m.

SATURDAY, MARCH 4

Baseball
vs.
Philadelphia U.
12 p.m.

Softball
at
Augusta
1 p.m.

Tennis
at
Ga. Southwestern
1 p.m.

SUNDAY, MARCH 5

Softball
at
Wingate
1 p.m.

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& Wednesday, March 8, from 11:30 a.m. to 2:30 p.m.**

*Applications can be picked up from
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on Wednesday, March 1, at noon
and will be due no later than Monday, March 6, at 5 p.m.*

***Interview attire is business professional**



**Contact Steven Walters for more information
at**

thegcsucolonnade@gmail.com



FRESH AIR AND SELF CARE

Pierce Mougans/Staff Photographer

Gioia
Brust
@gcsunade

With warmer weather settling in on GC's campus, students are taking advantage of the opportunity to spend more time outdoors. Alice Loper, director of Health and Services at GC, weighed in on the health benefits of time in the sunshine.

"When it's dark and rainy, people tend to want to sleep more and you're not as motivated to do stuff, and it's all tied into the neurotransmitters in the brain," said Loper. "There is a type of a disorder called SAD, Seasonal Affective Disorder, it typically [occurs] between October and April, when there's less sun and more dark time."

Since spring weather began early this year, fewer people will feel the effects of SAD and the colder, darker weather.

"The less exposure we have to the sun, the [more] melatonin the body makes, which makes you sleepy,"

Loper said. "Coldness does affect your joints and you're not as motivated to get up and exercise because you have less muscle dexterity."

Loper said this explains why people tend to gain weight during the colder months, since aches and pains keep them from going to exercise.

"That's why when it's nice and sunny outside, your circulation improves, your brain function improves, your serotonin improves. All that helps all these [cold symptoms]," Loper said.

One way to get outside is to take a swing at intramurals. Burt Rosenberger, the director of GC Rec Sports, has seen spring's effect on the campus through a change of pace for Rec Sports participation.

"Definitely I've seen more people outside and on campus," Rosenberger said. "Our late phase is about to start, so there's been a lot of teams out there hitting softballs, throwing footballs and Frisbees, so they've

definitely been taking advantage of this 'early spring.'"

During the colder weather, Rosenberger said he usually does not see athletes outside as much, but since the weather has been so nice, they have been taking advantage of the extra time to practice.

"Being outside will really help people de-stress and focus on midterms coming up and help people feel better," Rosenberger said.

Many students are savoring the warmer temperatures, including junior Troup Ackerman, an environmental science major.

"I think it's fantastic, I love the warm weather. I wish it stayed like this year round, to be honest," said Ackerman.

"I don't have a porch, but if I did then I would do my homework outside."

Students can look forward to even warmer weather as time goes on and more spring activities held by the school.

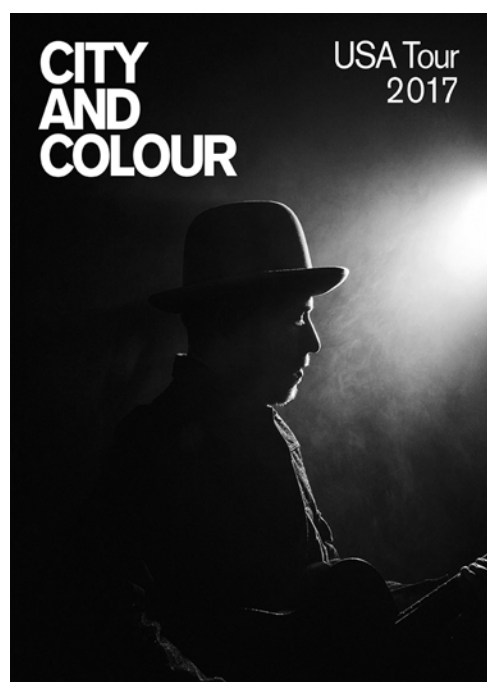




““New Girl,” because everyone on the show is so fun, and they always make the best out of life no matter what. Also, I just really love that show and I’d love to live with everyone in it!”

-Mary Kate Niederhauser, senior and nursing major

Q: If you could live in a sitcom world, what would you choose?
Compiled by Wellsley Kesel



City And Colour
w/ Greyhounds
\$35 in advance
\$40 day of show

3.10.17 - 9 PM



“I would say “Friends,” because they drink coffee all the time and I want to be friends with all of them.”

-Addy Maddox, junior and political science major



Luke Combs
w/ Josh Phillips
\$15 in advance
\$20 day of show

3.9.17. - 8 PM



““The Big Bang Theory,” because I would love to mess with Leonard and Sheldon.”

-Stephen Wise, sophomore and business management major

A CAPPELLA GROUPS THROW DOWN

Maddy
Stone
@gcsunade

On Friday, Feb. 24, Georgia College held the second annual Milly Melodies in Magnolia Ballroom. Milly Melodies is an a cappella invitational concert that was hosted by GC's official a cappella group, The Cat's Meow, and featured two guest groups from other colleges in Georgia.

This year, there were three groups performing in the concert: The Cat's Meow from GC, the Bearitones from Mercer, and Noteworthy from UGA. The Cat's Meow and the Bearitones are co-ed groups, and Noteworthy is an all-female group.

"Every group gave really energetic performances. I loved listening to them and seeing the different styles each group had compared to our own style," said Ryan Sokolowski, a member of The Cat's Meow.

Milly Melodies exposes the members of The Cat's Meow to other a cappella groups while allowing them to meet students from other colleges. There are various colleges around the southeast that are a part of the a cappella community.

The Cat's Meow is a choral ensemble/class that students can take part in for course credit. Steven Hutchings, the director of Cat's Meow, has been teaching the class for three years. Hutchings welcomes everyone, but the group is audition-based, so students must re-audition every year.

"I wanted Cats to have their own concert when I got here, because the music we do is somewhat different than traditional choral ensembles and often features soloists," Hutchings said.

A cappella groups can vary broadly in their performing styles, as well as their personal music choices. The concert features music from groups at numerous universities in the state of Georgia, and is held to encourage GC students, as well as the Milledgeville community, to interact with a cappella singers outside of GC.

"It also gives variety to the types of artists covered, genres covered, or singing styles that will be highlighted in the show," said Hutchings said.

Hutchings plans to keep the concert tradition alive, making Milly Melodies an annual event. Although the current participating groups are only from Georgia universities, GC hopes Milly Melodies will grow to include colleges from all over the southeast.

BOBO SING



A cappella groups from around Georgia performed at Milly Melodies. The Cat's Meow (left), Noteworthy (right) and Mercer Bearitones (center) performed.

Ada Montgomery/Senior Photographer

MEET THE SINGERS BEHIND THE SOUND

BEATS BOUNCE

Gabi
Schwobe
@gcsunade

A cappella at GC boasts a stronger presence than students may expect. Not one, but two groups can be heard singing sans instruments around the campus during the year: The Cat's Meow and Bobcat Beats.

The Cat's Meow is an audition-based group, and everyone has to re-audition each year. But The Cat's Meow is more than just an a cappella club - it is also a one-credit class that anyone can take at GC. For the past three years, Stephen Hutchings has been teaching the class and managing the group. Hutchings comes from years of experience in a cappella. He even competed with his former group in the ICCA (International Competition of Collegiate A Cappella), the same competition featured in the film "Pitch Perfect."

"It's basically like "Pitch Perfect," except you can't be that perfect in two seconds, and we don't dance that much," Hutchings said.

The Cat's Meow is featured in several events at GC throughout the year. In the spring and fall, they sing at the Bobcat Marketplace for prospective students. Just this past Friday, they hosted and performed in Milly Melodies. However, they are looking to do more student events. Their goal is to spread the word about their group.

Junior Ryan Sokolowski, a mass communication major and member of The Cat's Meow for three years, is in charge of their public relations this semester. He said they hope that by expanding their social media presence, The Cat's Meow will become better known throughout campus.

"We've been trying to make outreaches to different parts of campus life through singing at the Bobcat Marketplace during Springfest and Fallfest," Sokolowski said. "I think we've started to see progress through the crowd we saw at the concert last night."

If you don't want the commitment of a class, there is another option for the musically inclined: Bobcat Beats.

The group was founded in 2014, and is all rehearsed and executed by the students within the group. Senior Emily Glass, a liberal arts major, is the current president of Bobcat Beats.

Like their counterpart, Glass said they seek to appeal largely to student audiences.

"We perform at student events, things SGA organizes," Glass said. "This year, our big event is the FTK Dance Marathon."

Each year, they hold formal auditions in September open to anyone interested. After auditions, the group decides what music it wants to perform and begins to book events.

Glass said some of her personal favorites to perform are also staples of the a cappella community.

"'Under Pressure' is a staple, it was the first song I learned," Glass said. "We also like to sing 'Run To You' by Pentatonix and 'You Make My Dreams Come True.'"

Both groups can be booked for various on-campus events throughout the year. If you are interested in performing with either group in the future, auditions will be held next fall.



and the state performed at Milly
(above center) hosted UGA's
er University's Bearitones (left).





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